

Moorhens Before and After School Club - Activity Clubs info.

Autumn Term 1 (2019-20)

All Activity Clubs are allocated on a first come first serve basis.

Please read dates carefully as activities may not be on every week. No clubs running the first week of term.

Monday – Football - 7 Weeks

Football hosted by Aspire – Yrs 1-3 - £38.50

Dates: Sept 9th, 16th, 23rd, 30th, Oct 7th, 14th, 21st.

Children will learn all the skills of football and apply these skills to small team games. They will learn how to dribble, pass the ball, how to communicate to each other across the field and how to work as a team. We hope that the weather will stay fine and the children will be able to play on the school field or playground.



Tuesday – Street Dance - 7 Weeks

Street Dance hosted by Miss Hoare – Yrs 4-6 - £38.50

Dates: Sept 10th, 17th, 24th, Oct 1st, 8th, 15th, 22nd.



Children will be dancing to a variety of music ranging from pop to dance hits. Children will warm up at the beginning of the session. They will learn and explore different street and commercial movements and during the course of the weeks, all dancers will work in groups and in small teams to learn new skills, moves and routines, so that they can put together a performance.

Wednesday – Tennis - 6 Weeks

Tennis hosted by Walmley Tennis Club – Yrs 1-6 - £33.00

Dates: Sept 11th, 18th, 25th, Oct 2nd, 9th, 16th. (no club Oct 23rd).

Time for the children to pick up a racket and practice their co-ordination skills and ball control; eye, hand co-ordination are key skills learnt from playing tennis. This active sport is great for general fitness and can be played by all ages, young and old, so don't be surprised if your child wants to get out and play with the whole family at the local park or court.



Thursday – Netball – 7 Weeks

Netball hosted by Miss Hurrell – Yrs 3-6 - £38.50

Dates: Sept 12th, 19th, 26th, Oct 3rd, 10th, 17th, 24th.

Children will learn the basic skills of throwing and catching, footwork and jumping. They will also work in small groups to develop space awareness. Netball is an energetic sport and a good cardiovascular workout; it will improve flexibility, strength and overall fitness. This is for children of all abilities and is a great opportunity for children to work together to improve their social and verbal skills.



Friday – Tag Rugby – 6 Weeks

Tag Rugby hosted by Kick-Start – Yrs 3-6 - £33.00

Dates: Sept 13th, 20th, 27th, Oct 4th, 11th, 18th. (no club Oct 25th.)

Tag Rugby is a minimal contact team sport in which each player wears a velcro patch with tags attached to them. The children will learn attacking skills attempting to dodge, evade and pass a rugby ball, and defending skills attempting to prevent scoring by "tagging" the ball carrier. A fun sport great for physical exercise and team building, why not give it a go?

